

## **GATEWAY HEALTH PLAN®**

### 2009 Cardiac Guideline

Links to National Guidelines which comprise the Cardiac Guideline

Management of Adults with Elevated Cholesterol

<http://www.nhlbi.nih.gov/guidelines/cholesterol/index.htm>

(Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults)

Management of Patients with Heart Failure

<http://content.onlinejacc.org>

(Chronic Heart Failure in the Adult)

Management of Patients with MI, CAD and IVD

<http://content.onlinejacc.org>

(Secondary Prevention of Patients with Coronary & Other Atherosclerotic Vascular Diseases)

Clinical indicators for the Cardiac Guideline measured by  
Gateway Health Plan® are:

1. HEDIS Measure Persistence of Beta-Blocker Treatment after a Heart Attack.
2. HEDIS measure Cholesterol Management for Patients with Cardiovascular Conditions – LDL-C level measured within the previous calendar year for those with an AMI, PTCA, CABG or ischemic vascular disease.

Approved by the Gateway Health Plan®  
Adult Chronic Care Physician Advisory Work Group March 10, 2009