

Gateway Health Plan®
Pennsylvania Medicaid
Explanation of HEDIS Measures for 2011

Each year NCQA (National Committee for Quality Assurance) publishes **HEDIS** (Healthcare Effectiveness Data and Information Set), a set of standardized performance measures used in the managed care industry to report how well practitioners provide important aspects of care and service such as cancer screening, immunization rates, diabetes treatment, cardiovascular disease, member satisfaction, smoking cessation and other health issues. These standards are reported to NCQA each year. There are two ways that we obtain the required information: Administrative or Hybrid. Administrative measures are through claims submission. Hybrid uses both claims and data from the medical record.

The following standards are those that the Quality Improvement Department requests medical record information either by fax and/or by review of medical charts at your offices:

Childhood Immunization – The percentage of children 2 years of age who had four diphtheria, tetanus and acellular pertussis (DTaP); three polio (IPV); one measles, mumps and rubella (MMR); two H influenza type B (HiB); three hepatitis B (HepB), one chicken pox (VZV); four pneumococcal conjugate (PCV); two hepatitis A (HepA); two or three rotavirus (RV); and two influenza (flu) vaccines by their second birthday.

Immunizations for Adolescents - The percentage of adolescents 13 years of age who had one dose of meningococcal vaccine and one tetanus, diphtheria toxoids and acellular pertussis vaccine (Tdap) or one tetanus, diphtheria toxoids vaccine (Td) by their 13th birthday.

Lead Screening- the percentage of children who had one or more capillary or venous blood tests for lead poisoning by their 2nd birthday.

Adolescent Well Child – the percentage of enrolled members 12-21 years of age who had at least one comprehensive well-care visits with a PCP or an OB/GYN practitioner during the measurement year.

Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents – The percentage of members 2-7 years of age who had an outpatient visit with a PCP or OB/GYN and who had evidence of BMI percentile documentation, counseling for nutrition and counseling for physical activity.

Cervical Cancer Screening – the percentage of women ages 21 through 64 who received a Pap test during the past three years.

Controlling High Blood Pressure – the percentage of adult members ages 18 to 85 with diagnosed hypertension whose BP was controlled (systolic < 140 mm Hg, and diastolic < 90mm Hg).

Cholesterol Management For Patients with Cardiovascular Conditions – the percentage of members ages 18 to 75 who were discharged alive for AMI, CABG, PTCA, or who had a diagnosis of Ischemic Vascular Disease who had an LDL-C screening and LDL-C <100mg/dl.

Comprehensive Diabetes Care – the percentage of diabetics age 18 through 75 who had an HBA1c performed, an HBA1c <7.0%, HBA1c <8.0%, HBA1c >9.0% , a dilated eye exam, an LDL-C performed, an LDL-C <100mg/dl, monitoring for diabetic nephropathy, and a BP <130/80.

Prenatal and Postpartum Care – the percentage of women who received care within the first trimester of pregnancy or within 42 days of enrollment, the percentage of women who received a postpartum visit on or between 21 days and 56 days after delivery, and the percentage of women who receive ≥ 81 % of the expected prenatal visits.

Adult BMI Assessment – the percentage of members 18-74 years of age who had an outpatient visit and who had their body mass index (BMI) documented.

Some of the Administrative measures include:

- **Appropriate Treatment for Children with Upper Respiratory Infections**
- **Appropriate Testing for Children with Pharyngitis**
- **Inappropriate Antibiotic Treatment for Adults with Acute Bronchitis**
- **Breast Cancer Screening**
- **Chlamydia Screening in Women**
- **Persistence of Beta-Blocker Treatment after a Heart Attack**
- **Use of Appropriate Medication for People with Asthma**
- **Use of Spirometry Testing in the Assessment and Diagnosis of COPD**
- **Follow up Care for Children Prescribed Attention-Deficit Hyperactivity Disorder Medication**
- **Use of Imaging Studies for Low Back Pain**
- **Disease Modifying Anti-Rheumatic Drug Therapy in Rheumatoid Arthritis**
- **Annual Monitoring for Patients on Persistent Medication**
- **There is also a Member Satisfaction Survey done annually**

➤ **PHI**

According to the HIPAA Privacy Rule (CFR 160, 164) amended August 14, 2002, health care providers can disclose protected health information (PHI) to health plans for the purpose of quality assurance, quality improvement, and accreditation activities. HEDIS® data collection is included as a quality improvement and accreditation initiative. Providers are permitted to disclose PHI to health plans for HEDIS® data collection without authorization from the patient when both the provider and health plan have/had a relationship with the patient and the information relates to that relationship.

(45 C.F.R. 164.506(c)(4))

Other Important Information Affecting Rates

EPSDT – Early Periodic Screening Diagnosis and Treatment

Gateway Health Plan's Growing Up With Gateway® (GUWG) Program is based upon the federally mandated Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) Program for Medical Assistance eligible children under the age of 21 years. Through the EPSDT Program, children are eligible to receive regular medical, dental, vision, and hearing screenings to ensure that they receive all medically necessary services, without regard to Medical Assistance covered services.

Chlamydia Screening is being underutilized. Chlamydia is a silent disease, and often missed if screening is not done. If left untreated, it can lead to serious medical conditions. Because the cervix of teens and young women is not fully mature, they are more susceptible to this type of infection. You are the key to early diagnosis and treatment. Avoid missed opportunities! Screen all females ages 16-25. Screening can be done by urine or vaginal swab.

- ICD Codes –V74.5, V73.98, V69.2
- CPT codes 87270, 87320, 87490, 87491, 87492, or 87810 with the modifier 90 for any of the noted code