

GATEWAY HEALTH PLAN®  
2010 HYPERTENSION GUIDELINE

Link to the Seventh Report of the Joint National Committee on Prevention, Detection,  
Evaluation, and Treatment of High Blood Pressure

<http://www.nhlbi.nih.gov/guidelines/hypertension>

Clinical indicators for this guideline measured by Gateway Health Plan® are:

1. Follow-up visits for members identified with hypertension (Two or more visits with PCP or specialist)
2. Use of any antihypertensive medications

Approved by the Gateway Health Plan®  
Adult Chronic Care Physician Advisory Work Group  
March 9, 2010