

Gateway Health Plan®

The following is the link to the National American Psychiatric Association Practice Guidelines for the Treatment of Patients with Bipolar Disorder (Revision 2002).

Available online from the APA at

http://www.psychiatryonline.com/pracGuide/pracGuideTopic_8.aspx

Clinical Indicators for Bipolar Disorder are:

1. Identify all Members with Bipolar Disorder diagnoses who had at least one claim for a medication management visit in an identified 1-year period of time. Determine the percentage of Bipolar Disorder patients who are prescribed at least one of the first-line medication options recommended by the guideline.
2. Identify all Members with Bipolar Disorder diagnoses who had at least one claim for any service in an identified 1-year period of time. Identify secondary diagnoses of Substance-Related Disorders and/or Substance Abuse treatment authorization within the same annual time period. Determine the percentage of Bipolar Disorder patients who are also diagnosed and/or who have been treated for substance abuse or dependence as recommended by the guideline.

Approved by the Gateway Health Plan®

Adult Chronic Care Advisory Work Group on March 9, 2010