



Your Child's Health Maintenance Schedule

	Infancy					Early Childhood													Adolescence			
	Birth-1 mo	2-3 mo	4-5 mo	6-8 mo	9-11 mo	12 mo	15 mo	18 mo	24 mo	30 mo	3	4	5	6	7	8	9	10	11-12	13-18	19-20	
Physical Exam	Every visit					Every visit					BMI every year 3 yr-15 yr			Every visit								
Developmental screening						9 to 11 months, 18 and 30 months																
Autism screening											18 and 24 months											
Chlamydia screening																			Every year- all sexually active members			
Dental exam/risk assessment	PCP assess					See dentist by 12 months					See dentist by age 3			Every 6 months.								
Hearing and vision Screening	Hearing		Every visit			Every visit					Every year starting at age 3			Every year								
PAP (no referral required)																			Within 3 years of onset of sexual activity or age 21, which ever comes first.			
Prenatal Care (no referral required)																			Prenatal care as soon as pregnancy suspected.			
Safety/Healthy Habits counseling	Every visit					Every visit					Every year			Every visit								
Nutrition/Physical activity counseling											Every year											
Sexually Transmitted Disease test/counseling																			Every year – all sexually active members.			
Screening/counseling Tobacco, Alcohol, Substance Abuse, Depression																			Every visit – starting at age 11.			
Blood Lead Level						Test					Test if not done											
Anemia test						Test								Once after onset of menses								
TB screening						If indicated by history and/or symptoms																
Sickle Cell						If indicated by history and/or symptoms																
Cholesterol screening																			Required			
Hepatitis B	1 st birth		2 nd dose		3 rd dose							If needed to catch up			If needed to catch up							
Hepatitis A						1 st dose		2 nd dose														
Diphtheria/Tetanus/Pertussis			1 st dose	2 nd dose	3 rd dose				4 th dose					5 th dose				1 dose Tdap	1 dose Tdap if not given earlier	1 dose Tdap if not given earlier		
Rotavirus			1 st dose	2 nd dose																		
Measles/Mumps/Rubella						1 st dose					2 nd dose			If needed		If needed						
Polio			1 st dose	2 nd dose		3 rd dose- 6 mo-18 mo							If needed									
Haemophilus			1 st dose	2 nd dose	3 rd dose	4 th dose																
Chicken Pox						1 st dose					2 nd dose			If needed								
Pneumococcal			1 st dose	2 nd dose	3 rd dose	4 th dose																
Influenza						Yearly 6mo-20 yrs																
Meningococcal																			Single dose at 11-12 or 13-18 or if living in a college dorm			