



Clinical Guideline Adult Preventive (21 & Over)

	Clinical Indicator	Ages 21-39	Ages 40-49	Ages 50-64	Ages 65+
COUNSELING	Assessing tobacco use ¹	Every visit	Every visit	Every visit	Every visit
	Advising smokers to quit	At least annually	At least annually	At least annually	At least annually
	Assess drug/alcohol use	Annually	Annually	Annually	Annually
	Depression screening ²	Annually	Annually	Annually	Annually
	Assess STD risk	Annually	Annually	Annually	
	Assessment of physical activity	Annually	Annually	Annually	Annually
	Discussion of aspirin prophylaxis ³	High risk	If high risk: Men-annually Women-post menopausal	Annually if high risk	Annually if high risk
SCREENING	Screening history & exam	Every 2 years	Every 2 years	Annually	Annually
	Cervical cancer screening	Women: every 1-3 years	Women: every 1-3 years	Women: every 1-3 years	Women: high risk
	Mammogram		Women: every 1-2 years	Women: every 1-2 years	Women: every 1-2 years
	Chlamydia screening	Women: annually to age 25 & with Pregnancy	If high risk	If high risk	
	Discuss prostate cancer screening			Annually	Annually
	Colon cancer screening Fecal occult blood &/or			Annually	Annually
	Sigmoidoscopy or Colonoscopy			Every 5 years Every 10 years	Every 5 years Every 10 years
	Vision, Hearing				Every 5 years
	Lipid Profile	Men ≥ 21: every 5 years unless high risk	Men: every 5 years unless high risk Women ≥ 45: every 5 years unless high risk	Every 5 years unless high risk	If not checked previously
	Obesity screening (BMI)	Every visit	Every visit	Every visit	Every visit
	Domestic violence	Annually	Annually	Annually	Annually
	Osteoporosis			Women age 60 & older at risk	Women at risk
IMMUNIZATIONS	Tetanus booster	Every 10 years	Every 10 years	Every 10 years	Every 10 years
	Influenza	Annually for high risk	Annually for high risk	Annually	Annually
	Pneumococcal	High risk (revaccination x1)	High risk (revaccination x1)	High risk (revaccination x1)	Initial vaccine at 65
	Hepatitis A	High risk	High risk	High risk	High risk
	Hepatitis B	High risk	High risk	High risk	High risk
	Rubella	If need 2 nd dose or high risk	High risk	High risk	
	Varicella	If susceptible	If susceptible	If susceptible	Booster
	Measles and Mumps	If susceptible	If susceptible	If susceptible	If susceptible
	Human papillomavirus	Age 21-26 at intervals 0, 2, 6 mo			
	Meningococcal	If at risk	If at risk	≤ 55 if at risk	
	Zoster (shingles)			≥60	If not given prior